



WELLBEING AND HR ADVICE AND SUPPORT CONTACT LIST - FOR MOP(S) ACT EMPLOYEES

<p>MaPS Help Desk</p>	<p>Phone: (02) 6215 3333 (option 1) Email: mpshelp@finance.gov.au</p>	<p>The primary way for parliamentarians and MOP(S) Act employees to connect with MaPS. Advice and support including:</p> <ul style="list-style-type: none"> • interpretation and application of resources provided to parliamentarians • terms and conditions of employment under the MOP(S) Act • support using PEMS and MOP(S) Learning.
<p>MaPS HR Advice and Support Team</p>	<p>Phone: (02) 6215 3333 (option 2) Email: MOPSSupport@finance.gov.au</p> <p>For urgent after hours MaPS support: 0459 919 733 or 0467 023 650</p>	<p>Confidential advice on HR, staffing and employment matters and referral to PWSS if required. Advice and support includes:</p> <ul style="list-style-type: none"> • early intervention and rehabilitation • workers compensation processes • ergonomic workplace assessments • employee concerns • WHS and wellbeing • generalist HR advice • office structures/restructure • performance management • terminations.
<p>Parliamentary Workplace Support Service (PWSS)</p>	<p>Phone: 1800 747 977 - SMS: 0487 112 755 Email: Support@pwss.gov.au Website: www.PWSS.gov.au</p>	<p>A confidential service for people affected by serious incidents, misconduct or workplace conflict that amounts to a work health and safety risk in the parliamentary workplace.</p> <p>They offer trauma-informed support and resolution of complaints. If you experience or witness workplace conduct that concerns you, you can report it to the PWSS, including anonymously through the PWSS website.</p>
<p>Employee Assistance Program (EAP)</p>	<p>Phone: 1800 808 374 Email: info@assureprograms.com.au Website: www.assureprograms.com.au</p>	<p>An independent professional counselling service that can provide employees and their immediate family members with assistance in dealing with work and life issues. The EAP also provides a Manager Support Program that can help managers with team management and complex staffing challenges.</p> <p>For more information visit Employee Assistance Program</p>
<p>NewAccess Workplaces</p>	<p>Phone: 1300 907 814 Email: newaccessworkplaces@rfq.com.au Website: www.beyondblue.org.au</p>	<p>NewAccess Workplaces is a free, confidential mental health coaching service that can help manage a wide range of work and life pressures and assist in identifying strategies to use in the workplace. The service can be accessed without a GP referral or mental health treatment plan.</p>
<p>Community Supports</p>	<p>LifeLine Australia (crisis support and suicide prevention) Phone: 13 11 14 SMS: 0477 13 11 14 Website: www.lifeline.org.au</p> <p>1800RESPECT (sexual assault, domestic family violence counselling service) Phone: 1800 737 732 Website: www.1800respect.org.au</p> <p>Beyond Blue (mental health information and support) Phone: 1300 224 636 Website: www.beyondblue.org.au</p> <p>Suicide Call Back Service (counselling to people affected by suicide) Phone: 1300 659 467 Website: www.suicidecallbackservice.org.au</p> <p>MensLine (counselling service and support for men) Phone: 1300 789 978 Website: www.mensline.org.au</p> <p>Q Life (anonymous, free LGBTI peer support and referral) Phone: 1800 184 527 (3pm to midnight) Website: www qlife.org.au</p>	

