



## MyCoach for Money

Navigate challenging times such as financial stress, hardship, family finance issues and changing situations to get you back on track.

### How MyCoach for Money can help

Receive confidential support from a qualified financial counsellor who can help you with:

- Budgeting
- Managing debt
- Creating a money plan
- Analysing spending habits
- Family finance issues
- Support following a redundancy, separation or major event
- Information to help you improve finances impacting your day-to-day living
- Referrals to other financial tools and services



**Make an appointment today call  
or visit [benestar.com](https://www.benestar.com)**

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## How do I access MyCoach for Money?

Just call us! Our team are available to help via telephone, so simply call us to arrange your appointment.

## What can I expect from my MyCoach for Money appointment?

MyCoach for Money offers confidential support from a financial counsellor. Your counselor will help you explore your financial concerns and assess where you are at financially. They will then provide you with the tools and information you need to create a money plan.

Should you need further support our financial counsellors are also able to provide you with hardship contacts. Or, refer you to on-going free, government funded, face-to-face financial counselling.

*Please note: MyCoach for Money offers support from a financial counsellor not a financial advisor. It is not a financial planning service and it does not provide short-term credit, finance for employees or, negotiate with employers on an employee's behalf.*

## What is the difference between a financial counsellor and financial advisor

Our financial counselors analyse your finances and provide you with options to manage your debt and/or budget. They do not advise or tell you what to do with your finances (ie. offering investment advice).

Financial counsellors are employed by government funded, not for profit, community-based agencies. These agencies do not receive any grants, sponsorship or commission from other businesses or services outside of the government sector. They are entirely independent so there is no conflict of interest and they can act only in your best interest.

All our financial counsellors are professionally trained and are required to belong to various state financial counselling bodies. The national peak body is Financial Counselling Australia. For further information visit <https://www.financialcounsellingaustralia.org.au/Corporate/Financial-Counselling>

## Are there any other resources available to me?

Benestar also has a wide range of financial resources available to you on our BeneHub portal and app. Access articles, learning modules as well as our financial fitness test anytime, anywhere. Simply login or create your account using your organisations unique company ID and Token.

**For confidential coaching and support call  
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